Change multi-factor (MFA) option from SMS to email

Click the drop-down arrow next to your name and click Settings
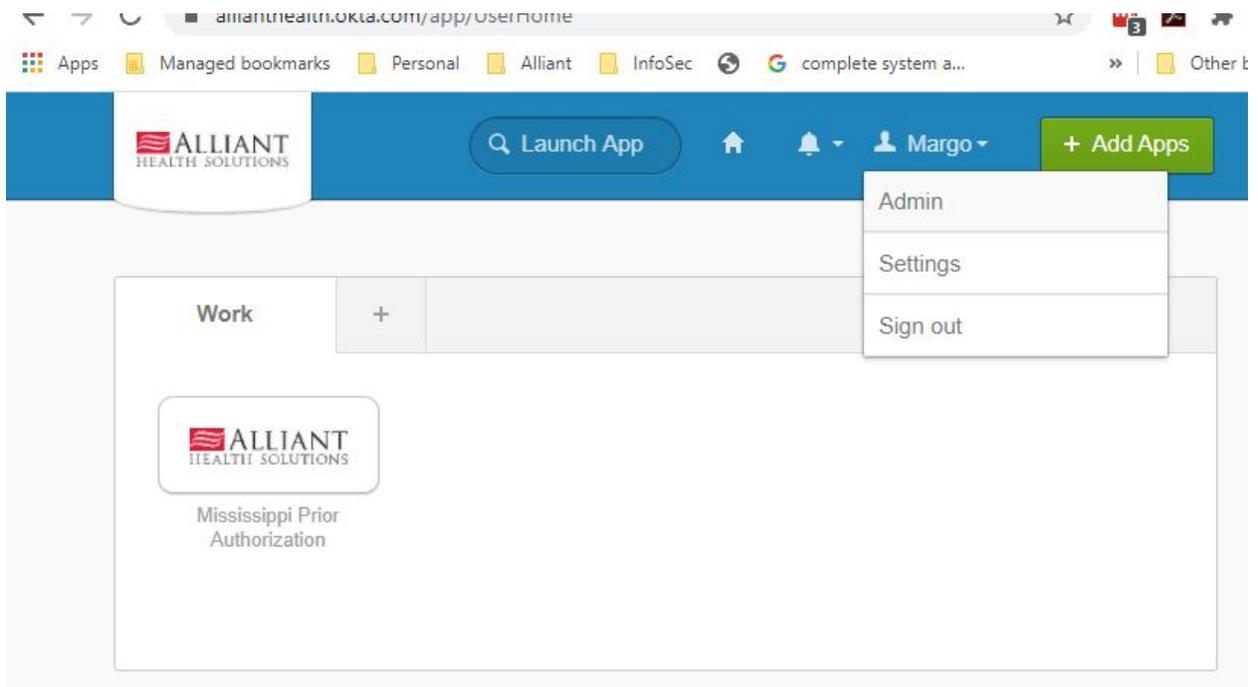
On the settings page click Edit Profile
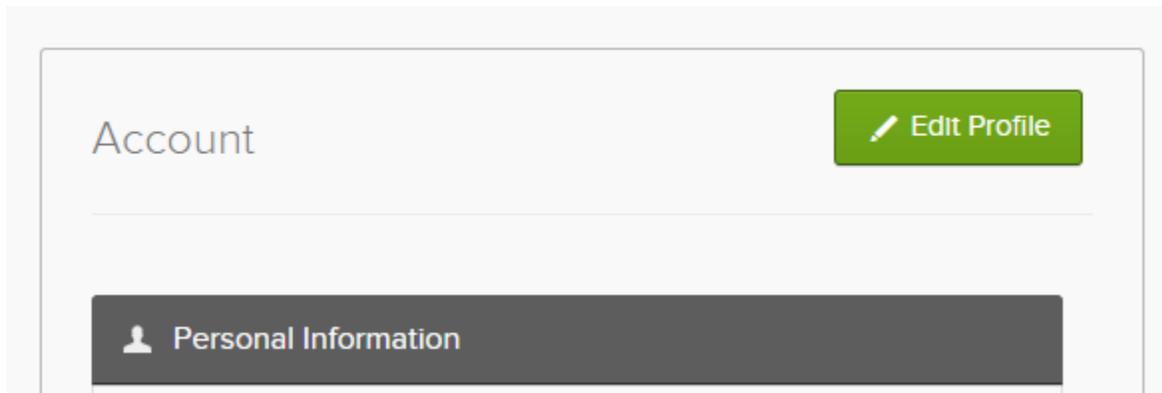
Verify your password

Enter SMS Authentication and click Verify

Under Extra Verification Click Set up for Email Authentication

Click configure factor

Click send me the code

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Set up Email Authentication

Send a verification code to your registered email.

Send me the code

Check your email for the verification code

okta

allianthealth - Action Required: Confirm your email address

Hi Margo,

You are receiving this email so we can confirm this email address for your account.

Please use the following one-time code to complete verifying your email address:

463412

If you believe you have received this email in error, please reach out to your system administrator.

Enter the verification code from the email and click Verify

Email verification added to account indicated by the Remove next to Email Authentication

To change the SMS verification, click the drop-down arrow next to SMS and select Email Authentication. The system will default to email authentication in the future.